

Alliance for Aging, Inc.

*Area Agency on Aging for
Miami-Dade & Monroe Counties*



The Alliance for Aging Delivers

Mission



To promote and advocate for the optimal quality of life for older adults and their families

Vision

Miami-Dade and Monroe Counties are communities where the quality of life of elders is valued and their contributions to community life are recognized



Leadership



Winston H. Lonsdale
Governing Board
Chair



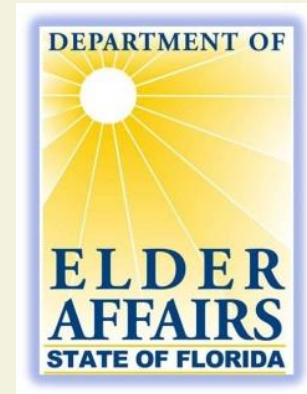
Max B. Rothman, JD, LL.M.
President and CEO



Maria A. Rams
Advisory Board
Chair

Organizational Overview

- ▶ 501(c)3 nonprofit; Area Agency on Aging; Planning & Service Area (PSA) 11; serves Miami-Dade and Monroe Counties
- ▶ Responsible for over \$33 million in Federal, State, and local funding
- ▶ Administrative expenses are <5% of total funds
- ▶ Provide home and community based services through contracts with provider agencies
- ▶ External funding (grants and contracts) for additional programs: healthy aging, care transitions, financial exploitation, pedestrian safety, livable communities



Local Elder Population

- ▶ As of 2012, 519,000+ older adults age 60+
 - 20% of the total population in Miami-Dade County
 - 27% of the total population in Monroe County
- ▶ Very different elder populations by county:
 - Women: 57% Miami-Dade, 46% Monroe
 - Minority: 86% Miami-Dade, 17% Monroe
 - Hispanic: 66% Miami-Dade, 12% Monroe
 - Non-white: 20% Miami-Dade, 5% Monroe
 - Limited English: Proficiency 43% Miami-Dade, 4% Monroe
 - Below 125% Poverty Guideline: 28% Miami-Dade, 14% Monroe
- ▶ Per 2010 U.S. Census, there are 600,000+ “Boomers” age 50-60 who will be 60+ in 2020



Home and Community Based Services

▶ Help people “age in place”

- Remain in their own homes
- Maintain their independence
- Stay healthy and mobile
- Support family caregivers

▶ Save taxpayer money

- An estimated 50,359 months of unnecessary nursing home placement were prevented
- This saves taxpayers over \$200 million in nursing home costs for low-income elders



The Aging Network

The Alliance fulfills its mission through partnerships with members of the Aging Network:

▶ Local Community Agencies

- 4 Community Care for the Elderly (CCE) Lead Agencies
- 33 Community Based Service Providers

▶ State Agencies

- Florida Department of Elder Affairs
- Florida Department of Children & Families (DCF), Adult Protective Services Unit

▶ More than 5,000 volunteers at community agencies



People Served

- ▶ In 2013, the Alliance funded services for 91,000 older adults, their caregivers and family members
 - Most are low-income, minority women age 80+
 - Half are widowed, and many are living alone (17%) or living with dementia (15%)
- ▶ In 2013, the Alliance funded 271,000 hours of caregiver respite and adult day care
 - Majority of caregivers for elders are Hispanic women caring for fathers or husbands; 1/3 are age 80+ themselves



The Alliance Delivers: Services

Using funding from the Alliance, partners in the Aging Network provided:

- ▶ 1.2 million home-delivered meals for 3,529 older adults
- ▶ 1.9 million congregate meals served to 9,475 elders at senior centers, elder housing, and other locations in the community
- ▶ Transportation totaling 409,000 trips to meal sites, senior centers, doctors' offices, etc.
- ▶ 318,000 hours of personal care and homemaking services



The Alliance Delivers: Services

▶ Veteran-Directed Care Program

Funded by the Veterans Administration, this program allows veterans to choose and hire their own caregivers; 19 served in 2013

▶ Community Care Transitions Program

Funded by the Centers for Disease Control and Prevention, this program reduces unnecessary re-hospitalization by providing supportive home and community based services to elders recently discharged from the hospital; over 3,500 served in 2013



The Alliance Delivers: Accountability

- ▶ Program integrity for subcontracted service providers
- ▶ Contract monitoring and management
- ▶ Annual monitoring and follow-up
- ▶ Quarterly file reviews
- ▶ Annual review of service provider applications
- ▶ Training and technical assistance for provider organizations



The Alliance Delivers: Information

Aging and Disability Resource Center (ADRC)



- ▶ Handled 80,000+ calls in 2013
- ▶ Provided information, referral, screening and assessment to 65,000 older adults and adults with disabilities in 2013
- ▶ Provided accurate information about community resources, including both publicly funded and private pay
- ▶ Assisted callers with eligibility determination for State and Federally funded long-term care services

The Alliance Delivers: Access

Key functions of the Aging and Disability Resource Center:

- ▶ Information and referral
- ▶ Screening
- ▶ Triage
- ▶ Eligibility determination
- ▶ Wait list management
- ▶ Long-term care options



The Alliance Delivers: Help

- ▶ In 2013, the Alliance provided emergency assistance to 201 older adults, referred by Adult Protective Services, who were at high risk of abuse or neglect
- ▶ In 2013, the Alliance helped 1,600+ households receive Emergency Home Energy Assistance for the Elderly (EHEAP)



The Alliance Delivers: SHINE

Serving the Health Insurance Needs of Elders (SHINE)

- ▶ Help elders understand and receive the health insurance coverage they need through Medicare, Medicaid, Prescription Assistance, Long-Term Care Planning and Insurance, and other healthcare issues
- ▶ In 2013, 36 SHINE volunteers provided free, unbiased insurance counseling and educational materials to nearly 13,000 elders, caregivers, and their family members



The Alliance Delivers: Workshops



- ▶ **Healthy Aging**
 - A Matter of Balance
 - Diabetes Self-Management
 - Living Healthy
- ▶ **Elder Abuse Prevention**
 - Recognizing and Preventing Abuse
 - Preventing Elder Financial Exploitation
- ▶ **Elder Pedestrian Safety**
 - Safe Steps-Pasos Seguros

The Alliance Delivers: Events

- ▶ Annual Board of Directors Installation and Awards Luncheon (January)
- ▶ Annual Golf Tournament (May)
- ▶ Positive Living Awards (November)



The Alliance Delivers: Special Projects

- ▶ Strategic Initiatives
 - Broadband Access
 - Healthy Aging
 - Transportation and Mobility
- ▶ Aging in Place/Livable Communities
 - Communities for a Lifetime
 - Age Friendly Miami Dade
 - Allies for Aging in Miami Gardens
- ▶ Financial Exploitation Prevention
- ▶ Disaster Planning



The Alliance Delivers: Policy

State Legislative Priorities for 2014:

- ▶ Re-appropriate & Increase Funding for AAA Operations under the Medicaid Managed Long Term Care Program
 - The 2013 Legislature appropriated \$1.3 million in non-recurring funding (State General Revenue (45%) and Federal Medicaid matching funds (55%)) to support the additional recurring contractual workload for the AAAs under the new Medicaid Managed Long Term Care Program
 - AAAs are requesting that this \$1.3 million be re-appropriated as 'Recurring' funding *and* that an additional \$386,547 be appropriated for additional workload in Regions 6 (Tampa), 7 (Orlando), and 11 (Miami-Dade and Monroe)
- ▶ Increase Funding to Serve 5% of the Frail Seniors on the Waiting List for Community Care for the Elderly, Home Care for the Elderly, & Alzheimer's Respite Care, and serve 10% of projected Adult Protective Service Referrals
 - As of July 25, 2013, over **54,000** frail seniors have been placed on the Department of Elder Affairs waiting list
 - In addition, under the CCE Program, seniors who are victims of abuse, neglect or exploitation as referred by the Dept. of Children & Families must receive priority for services within 72 hours of referral

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For more information, call:

☎ 1-800-96-ELDER

☎ 305-670-HELP