

COMMUNITY INSIGHTS

Presented by



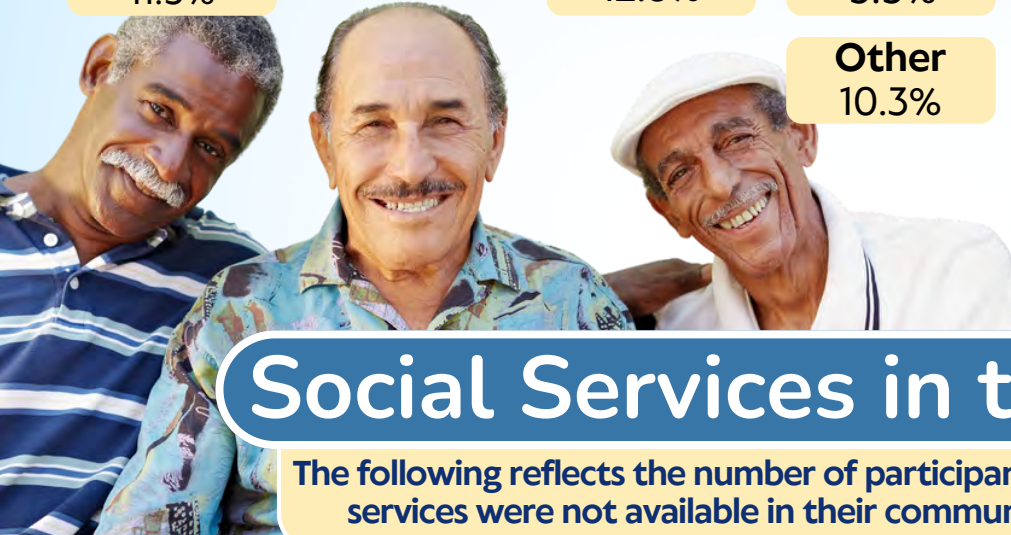
Alliance for Aging, Inc.
Answers on Aging

Contact us today!
Main Number: (305) 670-6500
Aging & Disability Resource Center:
(305) 670-4357
Website: www.allianceforaging.org

These statistics reflect data collected for the Alliance for Aging's 2023 Community Needs Assessment, conducted in Miami-Dade and Monroe Counties. Respondents included elders, caregivers, family members, providers and professionals.

Respondent Profile

Age	Gender	Race	Ethnicity	Primary Language
65+ 65.6%	Female 82.1%	White 68.5%	Hispanic 52.3%	English 58.3%
45-59 21.7%	Male 17.4%	Black 18.7%	Non-Hispanic 31.9%	Spanish 34.5%
Under 45 11.5%		Other 12.8%	Haitian 5.5%	Haitian-Creole 5.1%
			Other 10.3%	



Social Services in the Community

The following reflects the number of participants who indicated that the following services were not available in their communities or were not aware of them:

53.6%

Legal Services & Assistance

53.2%

Home Care Services

44.6%

Mental or Behavioral Health Care

45.1%

Nutrition Programs

43.0%

Disease Self-Management

Top Needs Identified for Respondents Over 60 Years Old

More help with caregiving responsibilities.

Help with feelings of loneliness and isolation.

Help with affording housing/living costs

More affordable activities, activities for socializing, and continuing education classes Programs.

Challenges with Housing & Independent Living

Up to 49% of respondents struggle with the following aspects of living alone:

Ability to afford housing/living costs

Physical Health

Ability to do heavy housework

Having housing that suits their needs

Feeling of safety in their home



Transportation

Up to 19% of respondents struggle with the following:

Difficulty with Walking

Not Owning Car

Lack of Public Transportation

Difficulty Using Public Transportation



Preferred Programming

When asked about programs that were important to their quality of life, participants endorsed:

40.3% Recreation

43.5% Wellness Programs

35.6% Companionship & Social Activities

36.1% Adult Education

24.1% Income Assistance

24.1% Meals Delivered to Home

23.0% In-Home Care & Support



Engaging with elders living in Miami-Dade and Monroe County to understand their needs enables the Alliance improve their quality of life.