

SAVVY CAREGIVER VIRTUAL TRAINING PROGRAM

Are you caring for a person over 60 who has dementia or other disabilities?

Savvy Caregiver Virtual Training Program is a LIVE online training program designed for caregivers who assist persons with dementia and other disabilities. Improve your caregiving experience by taking this FREE online training program.

Become a Savvy Caregiver

Class	Date	Time	Objective
1	2/15/2020	10 am – 11 am	<ul style="list-style-type: none"> • Examine the MANY roles of caregiving • Understand the different types of dementia • Learn about dementia diagnosis & medications
2	2/22/2020	10 am – 11 am	<ul style="list-style-type: none"> • Review cognitive losses in dementia • Learn to deal with a wide range of emotions • Brainstorm ways to self-care
3	3/1/2020	10 am – 11 am	<ul style="list-style-type: none"> • Examine contented involvement • Learn to fit tasks to abilities and losses • Understand the progressive stages of dementia
4	3/8/2020	10 am – 11 am	<ul style="list-style-type: none"> • Examine the three anchors of contented involvement • Develop more effective responses to problem behaviors
5	3/15/2021	10 am – 11 am	<ul style="list-style-type: none"> • Plan strategies for daily tasks and activities • Understand the problem of confusion • Become a detective in searching out stimuli
6	2/22/2021	10 am – 11 am	<ul style="list-style-type: none"> • Build bridges with family and friends • Learn to work effectively with medical professionals
7	2/29/2021	10 am – 11 am	<ul style="list-style-type: none"> • Learn an easy-to-use model for decision making • Review what we have learned • Share resources

To register for class please contact:

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